

# READY SET GLOW

Rachel Read



## IT TAKES TWO

Round up your BFF or anyone you know that loves a good spa session – **MiraSpa's** Champagne Spa Ritual for Couples is too good a deal to miss! This pampering session includes a 90-minute Champagne Massage (with an essential oil blend featuring grape seed oil from France's Champagne region) and oh-so-relaxing paraffin hand treatment for two in the super swanky couple's suite. You'll also get 30 minutes use of the spa suite facilities, plus unlimited all-day use of MiraSpa's other facilities, including their fabulous indoor heated pool. Enjoy a complimentary glass of bubbly alongside cupcakes and chocolates, and a mini spa product gift to take home, too. The package is only available until February 28 though, so get those bookings in stat!

Costs \$3,180 per couple on weekdays, \$3,280 per couple on weekends, public holidays and Valentine's Day (plus 10 percent service charge).

**B3/F, The Mira Hong Kong, 118-130 Nathan Rd., Tsim Sha Tsui, 2315-5500, themirahotel.com.**

## KOLOUR MY WORLD

Speaking of Kowloon, the recent opening of **K11 Beauty** in Tsim Sha Tsui lives up to the hype and then some. This is basically a mecca for beauty lovers, with just about anything beauty-related you can think of, all in one rather awesome space. We spotted organic, cruelty-free products from American brand Anonym, skincare line Absolution Cosmetics, and lipsticks from clean beauty range ILIA. K11 Beauty also offers a selection of unique beauty services in-store, including a machine where you can custom-make your own non-toxic nail polish colour, and manicures with digital nail art created from your smartphone photos. Custom nail polish costs \$150, digital nail art starts from \$80.

**Shop 105, Level 1, K11, 18 Hanoi Rd., Tsim Sha Tsui, 3110-5898, k11beauty.com.**



## GRIN AND BARE IT

Pucker up, ladies... Natural beauty OGs **BareMinerals** have just launched BAREPRO Longwear Lipsticks, their first line of vegan lipsticks designed specifically for intensive staying power. These beauties use a blend of mineral pigments that lock in colour, promising not to smudge, feather, fade or transfer. Each lipstick is loaded with nourishing ingredients, like baobab oil, which is rich in Vitamin C and antioxidants, and sunflower seed and jojoba waxes, which have potent moisturising properties. They're also free of chemical nasties like parabens, phthalates, SLS and artificial fragrances.

**Lipsticks cost \$190 each. Available at BareMinerals stores and counters citywide, bareminerals.com.hk.**

Rachel Read is a freelance writer, editor and co-founder of writing agency Editors' Ink ([www.editorsinkhk.com](http://www.editorsinkhk.com)); she also has her own lifestyle blog, Through The Looking Glass ([www.rachttlg.com](http://www.rachttlg.com)) where she reviews beauty, food and whatever else she can think of. Follow her on Instagram too @rachttlg.



## 5 TIPS on Preparing for a MATERNITY PHOTO SESSION



1. Between 30 and 34 weeks is the most ideal time.
2. Book as early as after the 20 weeks scan to secure your slot with your favorite photographer.
3. Consider an intimate indoor session vs outdoor lifestyle session.
4. A well fitted dress / top contours your baby belly and overall curve; attire for intimate shoots typically is lounge wear, lingerie, or nude.
5. K.I.S.S. Keep It Simple Sweetie! Nude make up is the best way to highlight that natural beauty of pregnancy.

Read the full article on [liv-magazine.com](http://liv-magazine.com)



Janelle specializes in maternity, newborn and family photography. She holds a Bachelor Degree in Photography from the US, with experience shooting in New York and Hong Kong. She is named as the best family photographer on various platforms. Connect with her on social media and contact her early to secure your booking.

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