

# Head Over Heels

There's a lot to love about living in Hong Kong, but the humble foot massage has to be one of its best pampering perks! Here are three of our favourite spots.

## Cheap & Cheerful

Get pampered on a budget at **Halite**, where a Chinese foot reflexology massage complete with signature Himalayan crystal-salt scrub and foot bath costs a mere \$159 for 45 minutes.

Basement, CNT Building, 302 Queen's Road Central, Sheung Wan  
2808 0028 | halitehk.com

## Mid-Range

Escape the Hong Kong hustle at tropical-chic sanctuary **Ten Feet Tall**; a relaxing 50-minute reflexology massage will ease those weary soles in style for \$320 to \$360.

20/F & 21/F, The L Place, 139 Queen's Road, Central  
2971 1010 | tenfeettall.com.hk



## Splash Out

Foot massages don't come much more luxurious than those at **The Landmark Mandarin Oriental**, where podiatrist-to-the-stars Bastien Gonzalez's heavenly 60-minute pedicure – including massage, nail and skin treatments – costs \$1,090 to \$1,350. *EL*

The Landmark, 15 Queen's Road, Central  
2132 0011 | mandarinoriental.com/landmark